

News from Living Under One Sun



It has been a busy summer and there are still plenty of things happening including green gym, community gardening, sewing workshops, hairstyling and dance clubs.

We have wide range of activities on regularly so check out what's on at www.livingunderonesun.co.uk, call 020 8801 6868 or email info@livingunderonesun.co.uk

Here are some things for the diary:

Mushroom Cultivation for Beginners



Venue: LUOS community allotment, East Hale allotments - Mill Mead Road, N17
Dates: Course 2: 17th and 18th September
Time: 10.30am - 4.30pm
Cost: £70 for 2 days. £40 for 1 day

Come and learn the basics of mushroom cultivation. Explore various techniques using grain, straw and wood for growing gourmet and medicinal mushrooms such as Oyster, Reishi and Shiitake mushrooms.

Bike Club



Venue: Waterside Way, Hale Village, London N17 9FT
Dates: Every Saturday
Time: 10.00am - 2.00pm
Cost: To be confirmed

Learn to ride, bike repairs, group rides and road safety.

Walking Group



Venue: Meet outside the Engine Room, 109-110 Vickers Court
Dates: Every Tuesday
Time: 9.30am-10.30am

Walking for fitness, fun and friendship. A mixed ability walk.

Community Allotment



Bee happy, bee active and bee connected! Join us at the LUOS Community Allotment on Mondays, Thursdays and Saturdays

(contact us first about Saturdays).

Come and enjoy this tranquil and creative community space for organic food growing, bee keeping, healthy eating and cooking, supporting biodiversity and nature, herbal medicine, mushroom growing, green gym and fitness, family 'green fun' days, school-based teaching and site visits, volunteering and corporate team building days, pathways to green jobs, community development and projects.

For enquiries about any of these courses, plus our herbal medicine and gardening courses, please contact Leyla. Tel: 020 8801 6868 or email info@livingunderonesun.co.uk

A big thank you to everyone who voted for our Blooming Beds and Bees project in the 2016 National Lottery Awards Environment category.

Putting Tottenham cheese on the map

We like to do a spotlight on a local business in each newsletter. This time it's local cheese company Wildes Cheese. Wildes Cheese was started by Philip Wilton in June 2012 after he was made redundant from his job as a management consultant. He started the business in his kitchen in Napier Road and moved to his current premises when, as he puts it, "the cheese was almost busting out."

Together with his partner and business partner Keith, Philip makes a very special range of cheeses using his own recipes rather than reproducing other cheeses. The duo uses milk from a single herd of cows that graze the fields of Northiam near Rye in East Sussex. They have about 30 cheeses, but only make 10 at any one time, giving them some unusual names like Ellis, Brian, Alexandra, Howard and Londonshire. They even do a range of cheese wedding cakes all named after the ladies of Coronation Street. Such is the quality of their cheese, they won the Urban Food Awards this year and also won Bronze at the World Cheese Awards.

Wildes Cheese sells its unique range of cheese to retailers and

restaurants across London as well as at numerous weekly markets including Tottenham Green Market in front of the Town Hall every Sunday 11am-4pm.

They also run cheese making courses so you can make your own at home without the need for any special equipment except a bucket, cloth and colander. Listed as one of the top foodie courses in the UK, the courses take place in their Micro Dairy in Queen Street, Tottenham.

This is a small company where the cheese and owners have a huge personality, creating quite a following for Tottenham cheese.

For more information on Wildes Cheese or their courses go to www.wildescheese.co.uk

Email: info@wildescheese.co.uk or call Philip on 07758755248



Cheesemakers Philip and Keith



HALE VILLAGE NEWS

Issue 7 | September 2016

Hale Village named as one of the best in Britain!

It's official. Hale Village has been named one of the best green spaces in Britain, receiving a prestigious Green Flag Award. The award, now celebrating its 20th year, recognises and rewards the best parks and green spaces across the country. A Green Flag flying overhead is a sign to the public that the space boasts the highest possible standards, is beautifully maintained and has excellent facilities.



literally, 'blooming marvellous' for the judges when they visited on the 7th June. We couldn't have done it without you!

International Green Flag Award scheme manager Paul Todd said: "We are delighted to be celebrating another record-breaking year for the Green Flag Award scheme, especially as we celebrate the 20th anniversary of the Awards."

And another award...

Hale Village was also 'highly commended' in the recent 2016 Placemaking Awards in the category for mixed-use brownfield site. The Placemaking Awards recognise people and organisations that are making places better.

Hale Village has been a winner, highly commended or shortlisted for over eight awards now. We think deservedly so!

A big thank you to the amazing team at Living Under One Sun for helping us prepare Hale Village for the Green Flag judges. They planted a host of perennials and annuals so we looked,

THE PLANNING & PLACEMAKING AWARDS 2016

HIGHLY COMMENDED

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Summer celebrations!

What a cracker of a party we had. About 500 residents from Hale Village and Ferry Lane joined us for four hours of great entertainment and food on Saturday 30th July.

The weather was brilliant enabling everyone to enjoy the live music and delicious bbq chicken with rice and plantain. A bouncy castle, face painting, art and craft workshops and storytelling kept the children busy, whilst the adults enjoyed honey harvesting, a book and clothes sale, a veg stall stocked from the allotment and even some exercise sessions put on by The Gym.

The new GP surgery was on hand to sign up new patients and Hotspurs Foundation did health checks too. Thanks to everyone who came to support this annual event. Special thanks go to all the volunteers and organisations who made it happen from the Engine Room, Hale Village Management, Unite, The Gym, Living Under One

Sun, Miriam's Kitchen, Newlon Housing to Haringey council, Hotspur Foundation and many more. It is times like these that show what a special community we have here in Hale Village.

Winning balconies

At the summer party, we also judged entries to our Balconies in Bloom competition. Well done to everyone who entered and congratulations to our winners.

First prize went to Ms Anna Grupa for a most spectacular display. Anna won a £75 Tesco voucher. The runner-up prize went to Ms Josephine Colleen. Josephine won a month's membership to The Gym. Thank you to all our judges and sponsors, Tesco and The Gym.



This year's winning balcony

News from the Engine Room

www.engineerroom.org.uk



As well as organising the summer party, we've had a busy summer with events as well as our regular fitness classes, yoga sessions, knitting club and children's art classes.

We celebrated the Queen's 90th birthday in style with a right Royal quiz. We had a great turnout and were very impressed with everyone's general knowledge on all things royal. Well done to our winning team.

Our seaside summer trip to Walton on the Naze in Essex on the 2nd July was a great success too. Nearly 90 people filling

two coaches spent a lovely day together. We had a good three hours of beautiful sunshine before the rain came when we took the opportunity to look around the town and pier. Thankfully the sun came out again.

We're already looking forward to next year's trip and will be asking where people would like to go.



One of our many sessions

Open House for Hale Village



As you know we are an award winning development and this year will be taking part in Open House London on the 17th and 18th September.

Open House is the capital's largest showcase of great architecture, design and public space and has been going for 24 years. It enables members of the public to visit great places in London to see and learn about the buildings and open spaces.

So if you see lots of people walking around that weekend, you'll know why they're here. Everyone is welcome!

To find out more or to take part go to www.openhouselondon.org.uk

News from the gym



Do you want a free circuit class?

Exercise loves company. We'd like to spread our fitness love to all Hale Village residents by running a FREE weekly community circuit class in Perkyn Square. Yes that's right, FREE.

However, we need to know when you'd like the class to run. Tell us which day of the week and what time would be best for you.

Email us by the 30th September to let us know.
Beata.durinkova@thegymgroup.com

As soon as we hear from you, we will announce the start date and time of our regular community circuit class and get fit together!

Bernie Grant Arts Centre: What's on Over the Next Few Months

Smooth Jazz Lounge

6-11pm every Wednesday in The HUB, Bernie Grant Arts Centre

Every Wednesday night, resident DJs Sapphire and Spider play a selection of jazz and soul at the Smooth Jazz Lounge in the Hub. Live music every two weeks plus licensed bar and food available. Check the BGAC Facebook page for updated information on what's playing. FREE ENTRY!

BGAC Cinema

Thursdays to Sundays at 4pm or 7.30pm in The HUB, Bernie Grant Arts Centre

Every week, from Thursdays to Sundays, Bernie Grant Arts Centre opens its doors to some of the nicest films from around the world - including Black Cinema, World Cinema, and LGBT Cinema. The BGAC Cinema is only 10 minutes walk from Tottenham Hale tube station and most tickets start from £8.35.

Find out more at
www.berniegrantcentre.co.uk

Hale Village showcases regeneration in Tottenham

We were delighted to be one of many local organisations at this year's Tottenham Conference in Tottenham Town Hall on 2nd July to celebrate all things Tottenham.

An annual event organised by Haringey Council, it was jam-packed with local organisations from business, community groups, education, housing, the arts and health showcasing everything from local activities through to volunteering, job opportunities and the regeneration plans for the area.

We were displaying a new exhibition telling the story of Hale Village from conception to now, including the heritage of the site and our design and sustainability credentials. Nearly 600 people attended and the feedback from organisers was really positive.

Nick Walkley, Haringey Council's CEO also attended on the day and gave his feedback, "I thought it was a tremendous event and not just because of the market and entertainment on Tottenham Green. In particular, the variety of community groups participating in the event was striking."



Hale Village display